



ACADEMIC YEAR

2011 - 2012

NAVAL ACADEMY PREPARATORY SCHOOL

**Information
Brochure**



DEPARTMENT OF THE NAVY

NAVAL ACADEMY PREPARATORY SCHOOL
197 ELLIOT STREET, WING ONE
NEWPORT, RI 02841-1519

Dear Midshipman Candidate,

Your assignment to the U.S. Naval Academy Preparatory School (NAPS) is an important step on your path to the United States Naval Academy (USNA). NAPS will develop your moral, mental and physical foundations. The operative word in the NAPS program is development. You will be challenged to continue to grow and mature during your ten months at NAPS.

As a Midshipman Candidate, you will be held to the highest standards. These standards are not narrow in scope, but reflect the Navy and Marine Corps' Core Values of honor, courage and commitment. We intend to strengthen your mind with an intense academic program in Chemistry, Mathematics, Physics and English. These subjects will give you the educational foundation necessary to excel at USNA. We will push you physically, initially during the indoctrination phase of your training and daily throughout the academic year with organized sports and the Physical Education Program. We will also cultivate your character and leadership abilities through a Character Development and Military Instruction Program.

Successful completion of NAPS will not only be an impressive accomplishment, it will better prepare you for success at the United States Naval Academy. Be prepared to work as a team with other Midshipman Candidates. Make no mistake, the bonds you form with your Shipmates at NAPS will follow you throughout your Academy experience and your military career. Once you've mastered the academic, leadership and military skills offered in the NAPS program, the opportunities for success are virtually boundless.

You should be rightfully proud to put service above self in deciding to join us at NAPS and begin your career as a member of our Nation's Sea Services. Welcome aboard, I look forward to meeting and serving with you over the next year!

Sincerely,

A handwritten signature in black ink, appearing to read "J. J. Cunha", is written over a light blue horizontal line.

J. J. Cunha
Captain, USN
Commanding Officer
Naval Academy Preparatory School

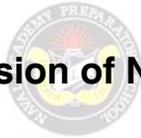
Table of Contents

<u>Subject</u>	<u>Page</u>
<u>Mission of NAPS</u>	1
<u>An Officer's Career</u>	1
<u>Introduction</u>	1
<u>History of NAPS</u>	2
<u>Admissions to NAPS</u>	2
<u>General Requirements</u>	2
<u>Medical & Physical Requirements</u>	2
<u>Application</u>	3
<u>Academic Department</u>	3
<u>English Composition</u>	3
<u>Mathematics</u>	3
<u>Physics</u>	4
<u>Chemistry</u>	4
<u>Learning Skills Development</u>	4
<u>Military Training Department</u>	5
<u>Honor Concept</u>	5
<u>Indoctrination</u>	5
<u>Character Development</u>	6
<u>Athletics & Physical Education Department</u>	6
<u>NAPS Sports Program Schedule</u>	7
<u>Administrative Support</u>	7
<u>Support</u>	7
<u>Logistics</u>	7
<u>Information Technology</u>	7
<u>Appointment to the U. S. Naval Academy</u>	8
<u>Post Graduation Transfer</u>	8

Table of Contents

<u>Subject</u>	<u>Page</u>
<u>Arrival and Checking Aboard</u>	8
<u>Newport, Rhode Island</u>	8
<u>Naval Station Newport</u>	8
<u>Transportation to NAPS</u>	9
<u>Arrival by Automobile</u>	9
<u>Required Arrival Times</u>	10
<u>Maps and Directions</u>	10
<u>Map of Naval Station Newport</u>	11
<u>Arrival Protocol</u>	12
<u>Checking-In</u>	12
<u>Civilian Clothes</u>	12
<u>Baggage</u>	13
<u>Oath of Office Ceremony</u>	13
<u>Medical Advisories, Information and Services</u>	13
<u>DoDMERB Advisory</u>	13
<u>Medical In-Processing</u>	13
<u>Dental In-Processing</u>	13
<u>Immunizations</u>	14
<u>Medical Care or Seriously Ill or Injured</u>	15
<u>Medications</u>	15
<u>Optometry</u>	15
<u>Injury Prevention</u>	16
<u>HIV Testing</u>	17
<u>Health Insurance</u>	17
<u>Tattoos, Brands, Body Piercings</u>	17
<u>Alcohol and Drug Screening</u>	18
<u>Contact Information</u>	19
<u>Admissions & Enrollment</u>	19
<u>Medical</u>	19
<u>Pre-Arrival Checklists</u>	19
<u>Administrative Checklist</u>	20
<u>Financial Checklist</u>	22
<u>Miscellaneous Checklist</u>	24
<u>Personal Items Checklist</u>	26
<u>Privately Owned Vehicle (POV) Checklist</u>	27

THIS PAGE LEFT INTENTIONALLY BLANK



Mission of NAPS

To enhance Midshipman Candidates' academic, moral, and physical foundations in order to prepare them for success at the United States Naval Academy.

An Officer's Career. . .

Inscribed in Latin above the bronze doors of the Naval Academy Chapel are the words "Non Sibi Sed Patriae," which means "Not for Self, But for Country." Midshipmen embrace the motto the moment they take the Midshipmen's Oath. This commitment is



a part of their lives for as long as they are commissioned officers.

The education and training at the United

States Naval Academy (USNA) is for one purpose only: to prepare young men and women morally, mentally, and physically to be professional officers in the naval services. Students at the Naval Academy Preparatory School (NAPS) should be under no illusion in this regard. The mission of NAPS is to prepare them for the Naval Academy. As a Midshipman Candidate at NAPS, you will embark on a new and demanding way of life. Your challenges will be great, but equally rewarding.

Introduction

Chinese philosopher Lao-tzu wrote more than two hundred years ago, "A journey of a thousand miles must begin with a single step."

For many senior ranking officers in the Navy and Marine Corps, their first step was graduation from NAPS.

Our mission is to prepare selected Midshipman Candidates for admission to the Naval Academy. The ten-month course of instruction at NAPS, lasting from July to May, emphasizes preparation in English, Mathematics, Chemistry, and Physics. Academic placement depends on demonstrated ability, previous education,



and an individual's aptitude for success at the Naval Academy.

Demanding military, physical, and character

development program complements the rigorous academics in order to prepare Midshipman Candidates for the challenges of Academy life. As part of our development program, NAPS offers an in-season athletics program, which allows Midshipman Candidates to compete against other preparatory schools, junior colleges, Division III, and Division I junior varsity teams. Extracurricular athletic activities include weight lifting and strength training with a variety of intramural sports to provide ample

opportunities in a variety of athletic interests.



NAPS is an opportunity to prepare oneself

for the Naval Academy. The four years spent at the Academy will be followed by a rewarding professional career as a commissioned Navy or Marine Corps officer in the service of our country.

History of NAPS



NAPS is the Navy's fourth oldest school; only the Naval War College, the Naval Post Graduate School, and the Naval Academy are older. Informal preparatory classes began as early as 1915.

The first official classes were established at Naval Station Newport and Naval Station San Francisco in 1920. A year later, the schools were moved to Norfolk, VA and San Diego, CA. The San Diego classes were disestablished and the NAPS classes remained solely in Norfolk until 1942, when the new Naval Academy



Preparatory School opened in Newport, RI.

In 1943, NAPS moved to the Bainbridge Naval Training Center, a facility of several hundred acres located above the Susquehanna River, 40 miles northeast of Baltimore, MD. Then NAPS returned to Newport while the Bainbridge Center was temporarily inactive during a 15-month period around 1950. When Bainbridge was reactivated in 1951 because



of the Korean War, NAPS returned to Maryland. In August 1974, NAPS returned to its permanent home in Newport.

Admission to NAPS

If you apply to the Naval Academy and are not offered a direct appointment, you will be considered for admission to NAPS. Civilians selected to attend NAPS will be enlisted in the Naval Reserve prior to reporting to NAPS in July.

General Requirements

Midshipman Candidates at NAPS must be of good moral character, not married, have no children (nor be pregnant), and at least 17 years of age, but not yet 23 by the start of plebe summer at the Naval Academy.

The Superintendent of the Naval Academy determines the admission standards for each Midshipman Candidate.

Medical & Physical Requirements

Midshipman Candidates must be in excellent physical condition and pass the same comprehensive medical examination required for acceptance to the Naval Academy. Midshipman Candidates should have 20/20 vision. Medical waivers may be granted to Midshipman Candidates whose vision can be corrected to 20/20 with eyeglasses and do not have excessive refractive errors.

Naval Academy applicants should refer to the Naval Academy catalog at www.usna.edu/catalog for a complete description of the medical and physical requirements, including acceptable limits of refractive error.

Additionally information regarding medical requirements and support while at NAPS can be found on pages 13-17 of this information brochure.

Application

Active duty members of the Navy or Marine Corps (active or reserve components) should refer to OPNAV Instruction 1420.1B or Marine Corps Order 1530.11G for detailed guidance



on applying to the Naval Academy.

Selection to NAPS will depend on the

Naval Academy's Admission Board's review of your transcripts, Scholastic Aptitude Test and/or American College Test, service classification test, medical examination, evidence of leadership potential, and the recommendation of your Commanding Officer, if applicable.

If for any reason, civilian "Direct-Entry" Midshipman Candidates fail to complete the course of instruction at NAPS, or do not receive an appointment to the Naval Academy, they will be discharged and returned to civilian status. Prior enlisted personnel will receive orders/assignments based on their existing enlistment contracts.

Academic Department



The Academic Department's faculty support instruction as well as enhanced individualized tutoring services in the subjects of

English, Mathematics, Chemistry, Physics and Learning Skills. The curriculum is transitional in nature, as the faculty attempts to provide each Midshipman Candidate with the basic academic tools required to succeed at the Naval Academy.

Development of the desire for learning is a top priority. The faculty prides itself in providing opportunities for individualized and small group instruction to help the Midshipman Candidates achieve their goals. NAPS operates on a trimester system and final exams occur at the end of each period.

English Composition

English Composition develops writing skills that generates thought and reflection. Using long and short critical essays, numerous journal assignments, incidental commentaries, annotations, e-mails, etc.,



the curriculum strives to produce:

- Independent writers capable of critiquing and editing their own work and the works of their peers

- Perceptive, critical readers capable of analyzing and synthesizing a broad range of texts.

The curriculum culminates with each student producing a final writing portfolio.

Mathematics

Mathematics at NAPS, serves a dual purpose; strengthening the students' knowledge of algebraic and trigonometric concepts as well as challenging students



with a strong foundation in calculus.

Placement in the foundation, intermediate, or advanced mathematics programs depend upon standardized test scores, transcripts, and a placement test administered during the Indoctrination phase of training.

Foundation program: algebra, trigonometry, and analytic geometry.

Intermediate program: topics in the Foundation Program plus differential calculus.

Advanced program: for students with a strong mathematics background. Consists of those topics included in the Intermediate Program plus integral calculus.

Physics

The Physics program is a three-tiered system. Placement is dependent upon the academic background in both physics and mathematics. For the prior-enlisted, naval technical school records may be used in lieu of high school records.

Foundation program: algebra-based physics courses covering a variety of topics including motion, forces, energy, and electric and magnetic fields. Right triangle



trigonometry is used in order to solve some problems.

Intermediate and Advanced programs: Both programs include additional and more advanced topics in both mathematics and physics in order to develop a deeper understanding of physical concepts. The Advanced Program also introduces students to applications of basic calculus, although no prior knowledge of calculus is required.

Chemistry

The chemistry curriculum presents the fundamental laws and applications of chemistry. Placement in the foundation, intermediate or advanced program is dependent upon the individual student's background in chemistry. Each program generally addresses the same topics but at



different depth and skill set.

Major topics include chemical stoichiometry, periodic trends, atomic structure, chemical equilibrium, thermodynamics, nuclear chemistry, electrochemistry and kinetics. Critical thinking is developed in the classroom and laboratory with cooperative learning experiments designed to develop a systematic approach to problem solving.

Learning Skills Development

The mission of the Learning Skills Development program is to provide academic support to all Midshipman Candidates who desire to improve their academic performance. This program develops and/or refines the individual student's learning skills regardless of their grade point average.

A few sessions on learning skills development occur during the transition week prior and the beginning of the academic year. These sessions introduce topics such as time management, note taking skills and memory strategies.

During the first two trimesters, all students attend an "alternate week" Learning Skills course. Topics addressed are those introduced during the transition week plus test anxiety, stress management, annotation, problem solving strategies, test preparation, and the Survey Question Read Record Recite Review (SQ4R) system of learning.

Throughout the academic year the additional assistance is provided to those students who require further learning skills development. These academically at-risk students are identified from diagnostic assessments, academic performance, faculty referral, as well as individual requests for assistance.

The Learning Skills Development program conducts sessions on an individual basis or in a small group/class setting addressing topics such as reading strategies and stress management.

Faculty members provide academic support during free periods, extra instruction periods (after classes), and scheduled study hours. Faculty mentors also reinforce the tenets of learning skills in addition to providing the academic-discipline specific assistance.

Military Training Department

The primary goals of the NAPS Military Training department is to develop character, personal integrity, honor, to nurture pride in oneself and the organization, and to develop standards of personal appearance. These are all qualities that are essential for successful military officers and future combat leaders.

Honor Concept

A strong sense of personal honor has long been the hallmark of the United States military officer. When priceless human lives and expensive equipment are at stake, there is no room for those who lack integrity within our country's Naval Service Officer Corps.

NAPS' Midshipman Candidate Honor Concept demands the highest standards of personal honor in each Midshipman Candidate. The Honor Concept is part of the daily life at NAPS, just as the Honor Concept is an integral part of every Midshipman's life at the Naval Academy. The Midshipman Candidate Honor Concept is both practical and instructive. It provides a basic standard for living: "I will not lie, cheat, or steal." It fosters an attitude of responsibility and accountability.

Indoctrination



The Indoctrination phase of training is a three-week course of basic military training during July and August. A detail of USNA Midshipmen assist NAPS' military staff in the military indoctrination before the academic year begins. Voluntary disenrollment is not permitted during the Indoctrination phase of training.

The daily routine and military discipline at NAPS will help the Midshipman Candidate to prepare for the demanding military standards of the Academy. Approximately

300 Midshipman Candidates make up the Battalion. It is then divided into three companies with approximately 100 students in each company. Each company is made up of two platoons.



There are many opportunities for Midshipman Candidates to develop leadership experience. Midshipman

Candidate Battalion leadership positions are filled based on demonstrated leadership abilities, regardless of prior military service. Different leaders serve each trimester and are known as "Stripers". Those Midshipman Candidates assigned to positions of leadership within the Battalion are responsible for the discipline, supervision and welfare of their fellow Midshipman Candidates.

With the exception of the stripers, all NAPS Midshipman Candidates have equal seniority and authority. All Midshipman Candidates will wear the Navy working uniform or naval service dress uniform with the NAPS device affixed to their collars. While off duty, Midshipman Candidates may wear the appropriate, authorized uniform or civilian clothes. However, limited locker space will restrict the amount of civilian clothing a Midshipman Candidate can store.

Liberty is normally granted on the weekends, requiring Midshipman Candidates to return at a designated time each night. After the Parents' Weekend, "overnight liberty" is awarded based on individual academic, athletic, and military performance. On these occasions, Midshipman Candidates are released after Friday classes and will return Sunday evening.

While assigned to NAPS, all Midshipman Candidates will earn approximately 24 days of leave. Midshipman Candidates will have two optional periods in which to apply their leave; Winter Holiday and Spring Break.

Character Development



Character Development/Military Instruction (CD/MI) Days are designed to raise morale and promote teamwork. Ethical decision-making,

core values and moral courage are the primary focus. Distinguished speakers from the Navy, Marine Corps and civilian community share their motivating and inspirational stories with the Midshipman Candidates. Group discussions and training led by NAPS' military staff will allow Midshipman Candidates to explore their own values and become exposed to how individuals with dissimilar backgrounds may look at the same controversial scenario.

The military training program at NAPS is enhanced by the inclusion of "field trips" to the other military commands co-located on the Newport Naval Station. When the Battalion of Midshipman Candidates participates in events hosted by Naval War College, Naval War Museum, Surface Warfare Officer School, and Naval Undersea Warfare Center, they are exposed to other military commands as well as opportunities of mentorship by senior military officers.

Athletics & Physical Education Department

NAPS endorses a "whole person" approach to the development of each Midshipman Candidate.

Each afternoon during the academic year Midshipman Candidates are given the opportunity for individual and team physical training. Midshipman Candidates are expected to improve their physical fitness during the academic year.

Each Midshipman Candidate will take the Naval Academy's Physical Readiness Test four times. This test will be used to

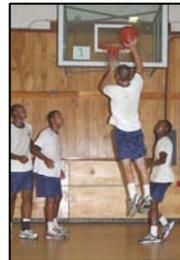
judge improvement in their personal physical fitness. Extra instruction is available to all Midshipman Candidates who demonstrate a need for small group or individual training



through which to improve their fitness level.

Along with physical fitness NAPS will test each

Midshipman Candidate on their swimming abilities. Those Midshipman Candidates who are non-swimmers are given individual instruction in the remedial swim program. Each Midshipman Candidate will take a swim class during the academic year. This class will focus on skill development and



aspects of the USNA plebe swim test.

The Athletic Department offers nine sports throughout the academic year. Each sport will offer open tryouts during which Midshipman Candidates may demonstrate their skills for the coaching staff. You must be in good academic standing in order to participate on a NAPS athletic team. Our sports teams play a competitive schedule consisting of regional College JV teams, Junior College and Prep Schools.

NAPS Athletic facilities include Nimitz Field and McCool Track (football, soccer, lacrosse and track), Prichard Field (baseball and lacrosse), Gym 302 (basketball, wrestling and track). Gym 302 also houses one of three weight rooms available to the Midshipman Candidates. NAPS' primary weight room is located in Kay Hall, next to Nimitz Field. Midshipman Candidates are allowed to use the Naval Station Newport gym and fitness centers. These facilities provide a wide range of physical activities and opportunities in which to improve their individual physical fitness.

NAPS Sports Program Schedule

Fall Sports:

- Football
- Cross Country (co-ed)
- Baseball
- Lacrosse

Winter Sports:

- Wrestling
- Men's Basketball
- Women's Basketball
- Indoor Track (co-ed)

Spring Sports:

- Lacrosse
- Baseball
- Outdoor Track (co-ed)

Administration Department

To support the Midshipman Candidates, staff and faculty, the Headquarters Service Support Department provides administrative, logistical and information technology (IT) support.

Support

The administrative office provides direct support to the Midshipman Candidates for all of their administrative needs to include:

- Enrollment
- Identification and Documentation
- Pay and Allowances
- Military Orders, Evaluations and Advancements.

Additional information regarding the required enrollment paperwork each Midshipman Candidate must have upon arrival to NAPS can be found on pages 20 to 21.

Logistics

The supply and transportation offices of

NAPS provide support to the Midshipman Candidates for all of their military and academic training requirements. Information regarding arrival transportation to NAPS can be found on pages 9 to 11.

Information Technology (IT)

IT provides information services to the Midshipman Candidates, staff and faculty at NAPS.

Toward the end of the Indoctrination phase of training, NAPS' IT will issue a government computer to each Midshipman Candidate. These computers are identical and utilize Microsoft's Windows XP operating system and the Office 2007 suite.

Each Midshipman Candidate will be given an account on the NAPS Local Area Network (LAN). This account will allow the Midshipman Candidates to access the internet and their NAPS e-mail account, as well as printing services to the network printers. Midshipman Candidates will receive instruction on how to access the Naps Scholastic Tracking & Accountability Record (NSTAR) program, which allows each Midshipman Candidate to view their academic schedule and grades.

All Midshipman Candidates will be given formal IT classes during the first Marking Period on various computer programs, such as Word, Excel and Blackboard. Other IT classes will include basic training on the various network resources available at NAPS.

Midshipman Candidates will not install or use any software not provided by NAPS' IT service. This includes all types of gaming or music software and instant messaging/chat software. The connection of any personal electronic devices to any NAPS computer is STRICTLY prohibited. This includes cell phones, audio devices, digital cameras, Personal Data Assistants (PDAs), extra storage devices/drives, and personal printers.

Midshipman Candidates are allowed to bring their own laptop to NAPS. There are several locations on the naval station that have WiFi hotspots. It is recommended however, that Midshipman Candidates indelibly mark their personal electronic devices and have an attachable locking/security device for each piece of personal electronic equipment.

Appointment to the U. S. Naval Academy

The Naval Academy Admissions Board will offer the USNA appointments to the Midshipman Candidates at the end of the academic year. Appointment criteria include, but are not limited to:

- Successful completion of the course of instruction at NAPS
- No failing grade in any subject
- Favorable physical aptitude
- Favorable recommendation from NAPS' Commanding Officer.

Post Graduation Transfer

Midshipman Candidates who entered NAPS as "Direct Entries," and who receive their USNA appointment, will normally receive three to four weeks of leave without pay before reporting to the Naval Academy.

Midshipman Candidates who entered NAPS as "Direct Entries," and who fail to receive their USNA appointment; will be processed for discharge from the Naval Service.

Midshipman Candidates who entered NAPS as prior enlisted "Fleet Entries," and who receive their USNA appointment will normally be allowed three to four weeks of leave before reporting to the Naval Academy.

Midshipman Candidates who entered NAPS as prior enlisted "Fleet Entries," and who fail to receive their USNA appointment; will receive orders/assignment based on their existing enlistment contracts.

Arrival and Checking Aboard

Newport, Rhode Island

Newport has been an important city in the history of this great country. It has been home to the Rockefellers and Vanderbilts, as well as several of the naval officer accession programs. From pristine shorelines to golden sunsets, Newport has become a favored tourist attraction for many.

More information regarding Newport and its various tourist sites and activities can be found at:

- www.gonewport.com
- www.newportmansions.org
- www.newportchamber.com
- www.visitri.com

Naval Station Newport

NAPS is located on the end of one of Naval Station Newport's many peninsulas. It provides numerous facilities for use by



Midshipman Candidates.

The Chapel of Hope provides religious services for several denominations as well as daily counseling for Midshipman Candidates upon request.

Midshipman Candidates also have the privilege of utilizing the Navy Exchange (NEX) and base Commissary. Also located in the NEX area is the Enlisted Recreation Center and uniform shop, which provides numerous uniform accessories as well as tailoring and dry cleaning.

Many of the Midshipman Candidates take advantage of the Liberty Center which has a Computer Café with free computer use for games and internet browsing. The Liberty Center also sponsors area weekend trips and outings to include day trips to local area attractions and activities.

Transportation to NAPS

It is recommended that you arrive by air. Schedule your flight through the T.F. Green Airport (PVD) located in Providence, Rhode Island.

Please note that Midshipman Candidates will only be reimbursed for the amount that it would cost the government to purchase the same ticket. For example:

- *A flight from Baltimore, MD to T. F. Green Airport in Providence, RI has a government cost of \$142.50*

- *The reimbursable amount to the Midshipman Candidate is therefore \$142.50.*

NAPS will operate a free shuttle service from T.F. Green airport to Newport for incoming prospective Midshipman Candidates. There will be a NAPS representative to meet you at the airport lobby according to the following schedule:

- 25 JULY 2011 from 1:00 PM – MIDNIGHT

- 26 JULY 2011 from 6:00 AM - 08:30 AM

Listed below are alternative transportation options:

- Train / Bus Service, www.ripta.com

- Airport Taxi & Limousine Service
(401) 737-2868

- Airport Limousine Service
(401) 737-2868

- Cozy Cab, Inc. (Newport Shuttle)
(401) 846-1500 / (800) 846-1502

Please note both taxi and car services to Newport are extremely. Every effort should be made to take the NAPS free shuttle service. If you experience problems, contact the NAPS Command Duty Officer (CDO) at 401-641-0752.

Keep all of your receipts, without them you may not receive full reimbursement for your travel expenses. At check-in, each prospective Midshipman Candidate will fill out a Military Travel Claim (DD Form 1351-2) to be reimbursed for all allowable expenses.

Arrival by Automobile

Arrival by automobile requires a military pass issued by the Pass and Identification office (Pass & ID). (see Pass & ID location and operating hours in the Maps and Directions section of this brochure). The driver of the vehicle will be required to present the following documentation to the Pass & ID office in order to receive a vehicle pass:

- Military orders and/or correspondence directing you to report to NAPS

- Valid driver's license

- Vehicle registration or rental contract

- Proof of insurance or rental contract.

After the vehicle pass has been issued, you will be directed to enter the naval station through Gate 1. When passing through Gate 1, the driver will be required to show a picture identification card, i.e., passport, driver's license, state identification card, school identification card.

Upon entry to the naval station, "NAPS Event" signs will be posted along the road. (see NAPS route in the Maps and Directions section of this brochure on page 11)

Please note that once the prospective Midshipman Candidate checks-in to NAPS, he/she is NOT permitted to leave NAPS'

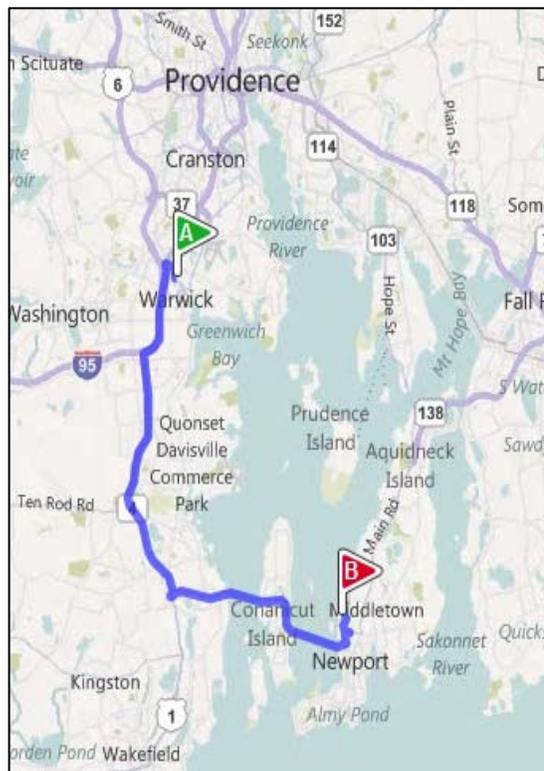
training area. Therefore, if arrival is outside of the Ney Hall dining facility's hours, 5:30 - 7:30 AM, 11:00 AM – 1:00 PM, and 4:45 - 6:30 PM, prospective Midshipman Candidates are encouraged to eat at a local dining establishment prior to entering the naval station.

Required Arrival Times

Prospective "Direct Entry" Midshipman Candidates are required to arrive no later than 9:00 AM, 26 July 2011 but no earlier than 12:00 PM (Noon) 25 July 2011.

Prior enlisted service members, who are prospective "Fleet Entry" Midshipman Candidates, must report to NAPS on 19 July 2011.

Maps and Directions



Map of Naval Station Newport



Arrival Protocol

DO NOT ARRIVE LATE.



Pay close attention to your original orders or "permit to report" papers and make appropriate plans to comply with your report date and time. If you are instructed to arrive on 26 July but cannot schedule a flight that allows you to arrive before 09:00 AM, arrive on 25 July. NAPS will accommodate you for the night. If arriving before 26 July, you must:

1) Call the Command Duty Officer at (401) 641-0752 prior to your arrival, and

2) E-mail NAPS2012@naps.edu:

- Full name
- Where you are traveling from
- Whether or not you require transportation from T.F. Green Airport
- Reason for early arrival.

Checking-In. Dress comfortably and appropriately. Lightweight slacks, short sleeve shirt or blouse, and athletic shoes are recommended. Females should avoid skirts or summer dresses. Expect the weather to be hot and humid.

Prior military service members must report to NAPS at Nimitz Hall no earlier than 0600, 19 July and no later than 2359, 19 July. Prior military service members should arrive in Dress Whites (Navy) or Service "A" (USMC). You will be directed to change into your service working uniform upon completion of the check-in process.

Pack lightly. If you bring it, you carry it. Use collapsible luggage with a lockable device attached. The living quarters in Ripley Hall are small and storage is limited.

Midshipman Candidates will wear their military uniforms the majority of their time at NAPS.

Civilian Clothes. Appropriate civilian attire is authorized for wear on liberty. All civilian clothing will be conservative in both fit and fashion. Midshipman Candidates will have the opportunity to receive as well as mail home non-seasonal civilian clothing. Examples of inappropriate clothing include, but are not limited to:

- Any clothing that is excessively tight or loose in wear
- Ripped, faded or multicolored jeans
- Half shirts, belly shirts, tank or tube top (to include undershirts of any color)
- Short shorts (male and female), skirts and dresses will be no shorter than 2 inches above the knee
- Any clothing that reveals undergarments
- Any clothing with profanity or suggestive material
- Any shoes with a heel height greater than 2 inches.

*If the trouser, jeans or shorts have belt loops, then a belt will be worn.

During the course of training at NAPS Midshipman Candidates will attend semi-formal events in civilian attire. It is recommended that all Midshipman Candidates have at a minimum:

- (1) collared dress shirt
- (1) dress slacks; can be khaki in material and color or for females (1) dress skirt; can be khaki or denim in material and color
- (1) pair of dress shoes; any non-athletic shoe.

Baggage. All baggage will be searched upon arrival. Leave any liquor, pornographic material, or weapons at home. These items will be confiscated and are grounds for immediate disenrollment.

Oath of Office Ceremony. Upon arrival, prospective Midshipman Candidates are required to leave their family and friends and report to Ripley Hall to begin the Indoctrination phase of training. There will be 15 minutes after the Oath of Office Ceremony for prospective Midshipman Candidates to say their final goodbyes. The Oath of Office Ceremony is scheduled to begin at 4:00 PM on 26 July.

COME EARLY, GET CHECKED-IN AND BE READY TO TRAIN!

Medical Advisories, Information and Services

DoDMERB Advisory

If there are any changes in the prospective Midshipman Candidate's health since their Department of Defense Medical Exam Review Board (DoDMERB) examination, the USNA Admissions Medical Liaison must be notified in writing. Areas of particular concern are:

- Any and all surgery
- Any hospitalization
- Orthopedic injuries (broken bones or joint injuries)
- Head injuries
- Vision changes
- Loss of consciousness
- Mental health changes
- Any condition which might preclude full participation in the rigorous Indoctrination phase of training.

Mail or fax documentation of any changes in your health status since your DoDMERB examination to:

USNA Admissions Office Nominations and Appointments

Attn: Medical Liaison
117 Decatur Road
Annapolis, MD 21402-5018

Contact Number: (410) 293-4381
Fax: (410) 293-1819

Medical In-Processing

On Induction-Day, all prospective Midshipman Candidates will undergo a brief medical examination to ensure physical qualification for admissions to the Naval Academy. Prospective Midshipman Candidates must pass this examination to be inducted. In most cases, this will be a routine screening examination to confirm that no problems have developed since the date of the last DoDMERB examination. It is however, the responsibility of the prospective Midshipman Candidate to inform the medical screening team of any health changes so that they may conduct a more in-depth medical screen.

Be aware that on the day you report to NAPS, you must be within the weight and body fat standards applied at your DoDMERB examination, or you will risk disqualification.

Dental In-Processing

The USNA Office of Admissions assumes that all new Midshipman Candidates will arrive at NAPS with excellent medical and dental health. Prospective Midshipman Candidates must report ready to undertake the extremely rigorous Indoctrination phase of training, uninterrupted by medical or dental conditions that would detract from the training.

While assigned to NAPS, Midshipman Candidates will have access to the Branch

Dental Clinic located on the naval station. The Branch Dental Clinic will provide all general and specialty dental care required. It is strongly suggested however, that each prospective Midshipman Candidate have a complete dental examination performed by his/her family dentist prior to Induction-Day. This will ensure that any acute dental conditions are treated prior to their enrollment. Examples of acute dental conditions include:

- Any cavities or tooth decay that require restoration or extraction
- Any wisdom teeth that are indicated for extraction.

Please note, any dental surgery must take place at least four weeks prior to Induction-Day in order to treat any post operative complications. All prospective Midshipman Candidates who are undergoing active orthodontic treatment will need a waiver from USNA Admissions Office.

A waiver to enroll into NAPS with braces will be submitted during the application process. It is important to note that even if a waiver is granted, Branch Dental clinic does not provide this type of orthodontic service. Since this type of service is considered cosmetic there will be no financial compensation for outside civilian care.

On Induction-Day, prospective Midshipman Candidates with this type of orthodontic issue must have a copy of their initial treatment plan and all orthodontic records as well as any civilian orthodontic care they intend to seek while assigned to NAPS.

A dental screening examination will be conducted during the Indoctrination phase of training. Prospective Midshipman Candidates are to report their most recent dental check-up, including third molar (molar tooth) evaluations by a general dentist and/or an oral surgeon. Additional dental care will be provided throughout the NAPS academic year.

Immunizations

All prospective Midshipman Candidates must complete the demographics on the Immunization Record for United States Naval Academy Preparatory School. A physician or other licensed health care provider **MUST** complete the vaccination history.

Prospective Midshipman Candidates are requested to mail one copy and hand carry two copies to the Induction-Day Immunization Station. Do not leave this paperwork in your bags. This form is very important, as it will decide which immunizations you require during your year at NAPS.

Please mail one copy of the immunization record in ample time to ensure it arrives to NAPS prior to 5 July 2011, to the following address:

Naval Academy Preparatory School
ATTN: NAPS Medical
197 Elliot Street Wing One
Newport, RI 02841

Prospective Midshipman Candidates must ensure all of the required immunizations are received. Any vaccines not received prior to Induction-Day will be at the King Hall Medical facility. The following vaccines will be administered to both male and females while assigned to NAPS:

- Tdap and Menactra/Menveo vaccines are required. If your provider does not have these vaccines, please do not accept a substitute vaccination. NAPS will ensure each prospective Midshipman Candidate is inoculated with the necessary and appropriate vaccines.

- Human Papillomavirus (HPV), is an optional vaccine that will be provided.

- Gardasil, is a vaccine that will be provided unless a refusal form is signed on Induction-Day.

- Mantoux Tuberculin Skin Test (PPD) must have been performed and documented within the last six months prior to Induction-Day. The PPD form must be returned to the address listed below by **5 July 2011**.

Naval Academy Preparatory School
ATTN: NAPS Medical
197 Elliot Street Wing One
Newport, RI 02841

In addition, prospective Midshipman Candidates **MUST** have **TWO** copies of their completed immunization record. If a healthcare provider has any questions regarding immunizations, the provider can contact the USNA Immunization Clinic at (410) 293-2273/4414. This phone number is for health care providers only.

Medical Care or Seriously Ill or Injured

If a Midshipman Candidate becomes ill or injured, the Navy will provide or pay for the medical care and related expenses incurred as a result of the illness or injury. These are the same benefits provided to all active duty members of the U.S. Armed Forces, so long as the Midshipman Candidate remains physically qualified for commissioning.

The majority of the medical care is provided by the Naval Health Clinic New England or by the Clinic's referral program to civilian care facilities. Medical care received in any civilian medical facility without a referral is not authorized and any expenses incurred will not be reimbursed. Exceptions are made for emergent care only. All emergency care at Naval Station Newport is directed to the local civilian hospital in Newport.

If a Midshipman Candidate's medical condition brings his/her suitability for admissions to the Naval Academy into question, the USNA Admissions Medical Officer will make a recommendation to the Superintendent. If the Superintendent of the United States Naval Academy does not grant a waiver for the condition, the

Midshipman Candidate will be disenrolled from the NAPS program.

Medications

Any medications prescribed by a physician must be identified to the medical screening team at Induction-Day. The medication must be in a labeled container with its written prescription or certified physician's note. The written prescription must contain the following information:

- Name of the medication
- Dosage
- Dates of intended use
- Reason it was prescribed.

The medical screening team will evaluate the documentation and appropriateness of the medication. It will then be annotated in the prospective Midshipman Candidate's military medical record in order to authorize its continued use. **DO NOT** bring over-the-counter medications, food supplements, or vitamins as their use is strictly prohibited.

Optometry

Please note the following advisories:

1. Do not undergo corrective vision surgery (e.g. **PRK, LASEK or LASIK**) as this can be a disqualifier for commissioning and may not be waived for commissioning.
2. If you have a prescription for contacts or eye glasses the Navy will issue you military standard eye glasses.
3. Naval Health Clinic New England Optometry does not issue contact lenses, but will update prescriptions so that you may purchase contact lenses at your own expense.
4. Tinted or lenses that become tinted with sunlight, are not permitted during military

parades, military training, and inspections. This type of eye wear will not be your primary set of eye glasses.

5. Bring two pairs of your most recently prescribed eye glasses, a 6-10 month supply of contact lenses (if you choose to wear them) and at least two written copies of your most recent eye glasses/contact lens prescription.

6. Color vision screening will be conducted to confirm normal color vision.

7. Your spectacle prescription should be from valid from at least July 2011 to July 2012 to be considered a current prescription. Mail one copy of your spectacle prescription by July 5, 2011 to the address listed below:

Naval Academy Preparatory School
ATTN: NAPS Medical
197 Elliot Street Wing One
Newport, RI 02841

8. Bring two copies of your current spectacle prescription for the Medical Screening Team.

Injury Prevention

All prospective Midshipman Candidates should start physical training at least two to three months prior to their arrival. This will allow the time necessary for the body to adjust to the demanding schedule of the NAPS Indoctrination phase of training. Training during this phase will include:

- Long distance running

- Long periods of standing on several different surfaces including a synthetic turf athletic field, athletic track, roads, trails, grass, sand, water, and/or gym hardwood floor

- Multiple periods of intense aerobic activity that includes push-ups, pull-ups, sit-ups, squats, lunges, and plyometrics

- Long periods of marching.

Prospective Midshipman Candidates should not wait until the last minute to prepare for the physical demands of NAPS' physical and military training program. It is highly recommended that prospective Midshipman Candidates start to slowly build up their physical aptitude over a two to three month period.

Be prepared for training with at least one QUALITY pair of running shoes (two pairs-preferred). The running shoe should be less than 6 weeks old and "broken-in" in order to avoid training blisters.

Midshipman Candidates with flat feet should have a high quality motion control running shoe to allow for proper mechanics when running. Any prospective Midshipman Candidate with a history of lower leg or foot stress fractures, shin splints, tendinitis, or plantar fasciitis should be evaluated at a reputable shoe store for foot position and gait before making shoe purchases.

The majority of injuries incurred during the Indoctrination phase of training are related to the body being overly stressed, due to a dramatic increase in physical training. The only way to avoid or prevent a significant injury is to prepare your body daily over a 8 to 12 week period.

Prospective Midshipman Candidates should be actively participating in a daily stretching, lifting, and cardio programs that involve running outside on multi-surfaces. Training should not be the same every day and should involve a warm-up and cool-down period. Prospective Midshipman Candidates can follow the same guidelines from USNA Admissions website on "Training Schedules for Plebe Summer," to prepare for NAPS' Indoctrination phase of training.

All prospective Midshipman Candidates should be eating a healthy well balanced diet. A personalized eating plan can be generated at www.mypyramid.gov.

Prospective Midshipman Candidates with a history of stress fractures or stress reactions with increased physical training should speak with a healthcare provider about vitamin D and calcium supplementation. This supplementation however, must be approved on Induction-Day by the same procedures for prescribed medication.

HIV Testing

Blood samples drawn the day after Induction-Day will be tested for antibodies to the Human Immunodeficiency Virus (HIV), the agent responsible for the Acquired Immune Deficiency Syndrome (AIDS). Any individual confirmed to be HIV antibody positive will, after thorough evaluation, education, and counseling, be separated from the NAPS program. Strict confidentiality will be observed in any such case.

Health Insurance

NAPS strongly recommend that prospective Midshipman Candidates contact their local health insurance provider to discuss their options of procuring and maintaining private medical insurance in order to ensure continuous medical coverage in the rare case of medical disqualification from the NAPS program.

Medical disqualification can include epilepsy, diabetes mellitus, ulcerative colitis, and even serious injury. As a result of a medically based separation, the Midshipman Candidate could face upon return to the civilian sector significant issues in acquiring health insurance. For this reason alone, having private health insurance already in place would be a wise investment.

Tattoos, Brands, Body Piercing

Navy and USNA regulations prohibit tattoos, body art, or brands that are visible in a Navy uniform; e.g., those on the head, face, neck, scalp, arms or hands. Furthermore, the regulations amplify that

any "...tattoos, body art, or brands that are prejudicial to good order, discipline and morale or are of a nature to bring discredit upon the Navy are prohibited." The prohibition is applied to any body art and ornamentation that are:

- Excessive
- Obscene
- Sexually explicit
- Advocates, symbolize or discriminates a particular sex, gender, race, religion, ethnic or national origin, affiliation to a gang, supremacist and extremist groups, or the glorification of drugs and/or their use.

All prospective Midshipman Candidates who have tattoos or skin ornamentation, as described above, must contact in writing the Head of Nominations and Appointments at the following address:

**USNA Admissions Office
Nominations and Appointments**
Attn: Medical Liaison
117 Decatur Road
Annapolis, MD 21402-5018

Contact Number: (410) 293-4381
Fax: (410) 293-1819

The Naval Academy prohibits members of the Brigade of Midshipmen or Midshipman Candidates of NAPS from acquiring body alterations to include: tattoos, brands, body piercing or other intentional self mutilations while enrolled into an officer accession program.

Pre-existing body alterations must comply with the Naval Academy's policy or be removed at the Midshipman or Midshipman Candidate's expense unless a waiver is granted by the Naval Academy Body Alteration Review Board. All body alterations shall not be visible in the Summer White Uniform, "...either on the skin that shows outside of the uniform or through the fabric. All tattoos/body

art/brands on the head, face, neck or scalp are prohibited.”

Included in each Midshipman Candidate’s Offer of Appointment package, is a statement of understanding regarding body alterations. It was required that this statement was completed and returned with your offer acceptance.

If you did not return the form, submit it immediately to the Head of Nominations and Appointments at:

**USNA Admissions Office
Nominations and Appointments**
Attn: Medical Liaison
117 Decatur Road
Annapolis, MD 21402-5018
Fax: (410) 293-1819

Any prospective Midshipman Candidate who reports to NAPS with a tattoo, brand, or body piercing that does not conform to the Naval Academy’s policy AND who has not received a waiver from the Head of Nominations and Appointments should anticipate not being inducted into the NAPS Battalion.

Alcohol and Drug Screening

The naval definition of drug abuse includes the wrongful use possession, manufacture, or distribution of a controlled substance. Drug abuse also includes the unlawful use of controlled substance analogues (designer drugs), natural substances (e.g., fungi, excretions), chemicals, (e.g., chemicals wrongfully used as inhalants), propellants, and/or prescribed or over the counter drugs or pharmaceutical compounds with the intent to induce intoxication, excitement, or stupefaction of the central nervous system, and will subject the violator to punitive action under the UCMJ and /or adverse administrative action.

Examples of other substances, the wrongful use of which constitutes drug abuse, includes but is not limited to the following:

- Products that contain synthetic cannabinoid compounds, such as Spice, Genie, Blaze, Dream, Ex-ses, Spark, Fusion, Dark Knight, Yukatan Fire, and K2

- Natural substances such as salvia divinorum and mushrooms

- Common items abused by inhaling or huffing, such as Dust-Off

- Over the counter products such as Robitussin or Coricidin HBP

- Prescription Medications such as Oxycodone, Vicodin, Adderal, and Valium

Any Midshipman Candidate who wrongfully possess controlled substance analogues (designer drugs), salvia divinorum, or products containing synthetic cannabinoid compounds may be subject to punitive action under the UCMJ, adverse administrative action, or both, as well as immediate disenrollment from NAPS.

The Department of Defense, Navy, USNA and NAPS regulations clearly prohibit with zero tolerance, the use of illegal drugs and designer drugs, including anabolic steroids.

The National Defense Authorization Act mandates that appointees to all officer accession programs undergo testing for drug and alcohol use within 72 hours of being formally inducted. All prospective Midshipman Candidates will be required to submit a urine specimen for drug testing and will undergo a breathalyzer test for recent alcohol ingestion. A confirmed positive result in either test or a refusal to undergo testing will result in immediate disqualification; no waivers are authorized.

Contact Information

Admissions & Enrollment

USNA Admissions Office Nominations and Appointments

Attn: Candidate Guidance Office
117 Decatur Road
Annapolis, MD 21402-5018
Contact Number: (410) 293-4361
Fax: (410) 293-1829

Naval Academy Preparatory School

ATTN: Administration Office
197 Elliot Street Wing One
Newport, RI 02841
Contact Number: (401) 841-6966

Medical

USNA Admissions Office Nominations and Appointments

Attn: Medical Liaison
117 Decatur Road
Annapolis, MD 21402-5018
Contact Number: (410) 293-4381
Fax: (410) 293-1819

Naval Academy Preparatory School

ATTN: NAPS Medical
197 Elliot Street Wing One
Newport, RI 02841
Contact Number: (401) 841-1248

Pre-Arrival Checklists

All prospective Midshipman Candidates are required to fill-out the following Pre-Arrival Checklists.

- Administrative Checklist
- Financial Checklist
- Miscellaneous Checklist
- Personal Items Checklist
- POV Checklist

*Additional information regarding these Checklists and other NAPS information can be found at:

- 1) Naval Academy Preparatory School's Facebook page
- 2) NAPS' homepage at www.usna.edu/naps
- 3) or email NAPS2012@naps.edu.

Administrative Checklist

*The following Checklist items are required by all prospective Midshipman Candidates

_____ Send an official, certified copy of your high school transcript to both NAPS and the Academy. Ensure that the following information is included:

- Complete name of the school
- Address and phone number of the school's Registrar or Transcript Office
- Send transcripts and requested information to:

Naval Academy Preparatory School

ATTN: Transcripts
197 Elliot St., Wing 1
Newport, RI 02841-1519

_____ *(All transcripts must arrive to NAPS no later than 25 July 2011)*

_____ Federally or State issued Picture Identification Card (driver's license or state ID card)

_____ Social Security Card

_____ Original Orders

_____ Notarized copy of your birth certificate and/or naturalization papers

_____ *(Please note, that any notarized copy must have the raised seal affixed to the copy)*

_____ All travel receipts – airline/bus/train tickets, car rental, taxi or car service

_____ *(Please note, that receipts must reflect the amount paid and the date it was paid)*

_____ Upon enrollment into NAPS, all Midshipman Candidates must reapply for a Congressional/ Presidential nomination to the USNA

_____ *(Bring the names and address of your U.S. Senators and Representatives with you)*

_____ Enlistment Statement of Understanding

_____ Record of Emergency Data (DD Form 93)

_____ Record of Military Processing (DD Form 1996/1-4)

_____ Enlistment Document (DD Form 4/1-2)

_____ Letter of Authorization of Enlistment in the Naval Reserve from the Director of Admissions, USNA

_____ Copy of your immunization records

_____ Copy of any changes to your medical record since your DoDMERB physical

Administrative Checklist

*The following Checklist items are required by all prior-enlisted service members

_____ Prior-enlisted service members must bring their complete service record:

- All enlistment contracts
- Pay records
- _____ - Medical and Dental records

Prior-enlisted service members who are eligible for advancement:

- Must have all requirements completed
- Completed requirements entered into their service records
- Detaching command must forward the advancement exam to:

Personnel Support Detachment

ATTN: Education Services Officer

690 Peary Street

Naval Station Newport

Newport, RI 02841

*Student UIC: 31176

_____ *(Please note that course books are very difficult to complete at NAPS, and courses requiring classified information are not available)*

Prior-enlisted service members must obligate a minimum of two years military service for the opportunity to attend NAPS.

- If this is not in your service record upon arrival at NAPS, you must sign the required documents at chec-in on Induction-Day.
- _____ - It is your responsibility to ensure the required obligated service is in your official service record

Financial Checklist

*The following Checklist items are required by all prospective Midshipman Candidates

Bring approximately \$200.00 in small bills for incidental expenses. *(You will not receive your first paycheck until 01 October, 2011.)*

During the Check-In Process, the Personnel Support Detachment will assist you in enrolling into the Navy's Direct Deposit Program. *(All pay and allowances Midshipman Candidates will receive while at NAPS will be distributed via this program.)*

Direct-entry Midshipman Candidates will receive approximately (before taxes) \$950.00 a month. Prior enlisted service members will receive the base pay of their enlisted pay-grade only. *(All additional allowances will be stopped upon their transfer to NAPS.)*

Battalion Activities Fund (BAF): The fee charged to each Midshipman Candidate to cover the costs of the physical fitness clothing and equipment, textbooks and various student activity expenses, to include but not limited to, Battalion trips, award ceremonies and graduation events. The amount of the fee is:

- \$1,850.00 **if full payment is made** during the check-in process, (cash, check or credit card)
- \$1,900.00 **if partial or NO payment** is made during the check-in process. Automatic deductions will be then made from your monthly paycheck. The actual amount will be based upon your current outstanding balances for both BAF and uniforms.

Upon entering the Naval Academy, NAPS BAF will deposit any surplus into your USNA Mid Store account. If you do not successfully complete the NAPS or voluntarily/involuntarily separate from the prep school, you will be reimbursed by check at a prorated amount.

Military Uniform Issue: All Midshipman Candidates are required to pay for their military uniforms. The total cost of the military uniform issue is approximately:

- \$1,700.00 for females
- \$1,500.00 for males

The Uniform Issue is paid via five automatic payroll deductions which commences your first pay period and continues through the month of December. The deduction per month will be approximately **\$330.00**.

During the check-in process prospective Midshipman Candidates will fill out the necessary paperwork for this payroll deduction.

Financial Checklist

Additional Comments:

It is **highly recommended** that the full amount of the BAF fee is paid at the check-in process during Induction day, in order to minimize the amount of monthly payroll deductions and to ensure adequate future savings. Your paycheck will be reduced by two-thirds until full payment has been made on both your uniform and BAF fee.

For example, a Direct-Entry Midshipman Candidate will receive approximately \$800.00 (after taxes) per month. Starting with your first pay period, and continuing through December, approximately \$330.00 will be deducted for your outstanding uniform balance. In addition, if you have a \$1,900.00 outstanding BAF balance after Induction day, approximately \$200.00 will be deducted from your monthly pay from your first pay period through December. Thus, your monthly paycheck will be reduced to approximately \$270.00 a month (one-third of your pay), from August through December.

Once your uniform bill is paid in full, your monthly payroll deduction will remain at two-thirds of your paycheck.

From January, your monthly payroll will be reduced by approximately \$530.00, leaving you a monthly balance of approximately \$270.00. The remaining BAF fee balance will be deducted from your February payroll, leaving you with a monthly balance of approximately \$430.00. Finally, the March and April paycheck will increase to approximately \$800 each month.

Note, by paying the BAF fee in full during the check-in process on Induction day, the monthly payroll deductions will be smaller. **TAKE ADVANTAGE OF THIS OPPORTUNITY BY BEING FINANCIALLY RESPONSIBLE!!!!**

Miscellaneous Checklist

_____ * Please review the following Miscellaneous Checklist Items

1. You will go through a mentally and physically challenging three-week indoctrination period. You can expect long days during this time period. The program is designed to help develop character, personal integrity, and honor, to nurture pride in yourself and your organization, and to develop self-assurance, self-discipline, and standards of personal appearance. You have been selected from thousands of applicants for NAPS.

_____ Due to your country's investment and the impact short-sighted decisions can have on your future, it is NAPS' policy to **not allow** Midshipman Candidates to withdraw from the program until after the completion of the Indoctrination Phase of training.

2. Clock radios are permitted at NAPS (alarm clock purpose only; we suggest that you bring a small battery powered alarm clock).

_____ You will be authorized to use small, compact stereo equipment (iPods, etc.) with headphones, after the Indoctrination Phase of training. Elaborate stereo systems are not permitted.

_____ 3. You may bring your favorite tennis racket, lacrosse stick, baseball bat, or mitt with you. Do not bring heavy or bulky equipment such as weights.

_____ 4. After your initial phone call home regarding your safe arrival, do not expect to make personal phone calls during the first three weeks at NAPS. Cell phones are NOT permitted during the Indoctrination Phase of training. Time to write personal letters is set aside each day.

_____ 5. Midshipman Candidates are required to maintain a regulation military haircut. Mustaches and beards are not permitted. At the beginning of the Indoctrination Phase of training:

- All males will receive a "CLOSE" haircut
- All females will have their hair lengths shorted to "above their collars"

_____ 6. Grooming standards require all females to maintain their hair at a length that does not extend beyond the bottom of a shirt collar when brushed out.

_____ Braids, corn rows, hair extensions, frosted or multicolored hair, eccentric hair styles that include buzz cuts, are not authorized at anytime during the course of training at NAPS.

_____ 7. Your mailing address while at NAPS will be:

Midshipman Candidate _____
Company _____, Platoon _____
Naval Academy Preparatory School
197 Elliot Street, Wing 1
Newport, RI 02841-1519

Miscellaneous Checklist (cont.)

8. Gifts of food, and/or gift boxes are not allowed during the Indoctrination Phase of training. Letters or postcards however, are strongly encouraged.

9. Do not bring any electronic musical instruments or electrical appliances like coffeepots, toasters, hotpots, televisions, or video games. These items will be confiscated.

10. The dress code at NAPS prohibits:

- Any clothing that is excessively tight or loose in wear
- Ripped, faded or multicolored jeans
- Half shirts, belly shirts, tank or tube top, (to include undershirts of any color)
- Shorts, skirts and dresses will be no shorter than 2 inches above the knee
- Any clothing that reveals undergarments
- Any clothing with profanity or suggestive material
- Any shoes with a heel height greater than 2 inches.

*If the trouser, jeans or shorts have belt loops, then a belt will be worn.

During the course of training at NAPS Midshipman Candidates will attend semi-formal events in civilian attire. It is recommended that all Midshipman Candidates have at a minimum:

- (1) collared dress shirt
- (1) dress slacks; can be khaki in material and color or for females (1) dress skirt; can be khaki or denim in material and color
- (1) pair of dress shoes; any non-athletic shoe.

11. Unless you live close to Newport (within a few hundred miles) the first time you will get to go home will probably be the Thanksgiving holiday period. Parents, family and friends will be invited to visit you at NAPS during Parents' Weekend (7-10 October, 2011).

12. Come prepared to meet the challenges you'll face during the Indoctrination Phase of training and throughout your military career. All Midshipman Candidates' physical aptitude will be tested during the first week of the Indoctrination Phase of training.

13. Liberty (time off) will only be granted on Saturdays and Sundays after the Indoctrination Phase of training. Gradually, Friday night and weeknight liberty will be awarded to those Midshipman Candidates who have the appropriate academic grades, military conduct, and physical readiness standards. Liberty is considered a privilege, not a right.

14. There are many sports teams here at NAPS, both varsity and intramurals. It doesn't matter if you are a recruited athlete or not, we encourage "walk-ons!"

Personal Items Checklist

_____ * Prospective Midshipman Candidates are required to bring the following:

_____ Running shoes (do not substitute with basketball, tennis or cross-training shoes)

_____ Toiletries: to include but is not limited to...

- _____ - (1) roll of toilet tissue
- _____ - soap, shampoo, rinse/conditioner
- _____ - razor (disposable, not electric)
- _____ - shaving cream

_____ Swimsuit, solid color, dark blue or black (one piece for females)

_____ Bathrobe, knee length or longer

_____ (4) envelopes with stamps, black pen, writing stationery, and notebook

_____ (8) sets of underwear

_____ (for females) (4) sets of white, cotton sports bras (must be solid white, no logos, no lace, no push-up devices, no excessive padding)

_____ (for males) (4) pair of dark blue or black compression shorts (must be a solid color). (Compressions shorts, when worn with NAPS issue PT shorts, shall not be visible)

_____ Calculator (can compute natural logs, exponential and inverse trigonometric functions)

Cosmetics and Jewelry

_____ During the Indoctrination Phase of training the wearing of cosmetics such as lipstick, nail polish, mascara, eye shadow, etc., as well as jewelry while in uniform is strictly prohibited. Once this phase of training is completed, Midshipman Candidates will be give instruction and training on the NAPS standards of wearing cosmetics as well as personal jewelry.

Electrical Appliances and Electronic Devices

- _____ - Do not bring hair clippers or barber utensils
- _____ - Small hair dryers and electric razors are authorized
- _____ - Do not bring boom boxes, TVs, game systems (e.g. XBOX, PSP, PS3), or tobacco products
- _____ - Electronic equipment, e.g., cell phones, laptops and PDAs, will be under the custody of the Ripley Hall staff until the Indoctrination Phase of training is complete. Post Indoctrination Phase of training the use of personal electronic equipment is considered a privilege. Therefore NAPS faculty and staff may confiscate and secure from use the above mentioned items or other personal items, if they become a distraction to a Midshipman Candidate's ability to perform his/her duties.

Privately Owned Vehicle (POV)

Although, it is not encouraged, Midshipman Candidates are authorized to have their Privately Owned Vehicles (POV) with them while attending NAPS.

At check-in on Induction-Day, Midshipman Candidates with vehicles will be required to present the following documentation:

- Current, valid, US driver's licensed that will not expire before June 2012
- Proof of Registration in the Midshipman Candidate's name
- Proof of Insurance with a liability minimum of \$20,000, in the Midshipman Candidate's name

(Failure to present these documents at the check-in process will prevent the Midshipman Candidate from utilizing their POV on base while assigned to NAPS)

To operate a POV aboard Naval Station Newport, the vehicle must be registered with the base security office.

During the Indoctrination Phase of training, NAPS will assist the Midshipman Candidate with the registration of their vehicle at the Naval Station's Security Office as well as the Pass & ID Office. The vehicle will receive an enlisted decal authorizing entrance to the Naval Station for a period of one year.

The Naval Station's Security Office and Pass & ID Office require the following documentation:

- Current, valid, US driver's licensed that will not expire before June 2012
 - Proof of Registration in the Midshipman Candidate's name
 - Current, valid state inspection sticker
 - Proof of Insurance with a liability minimum of \$20,000, in the Midshipman Candidate's name
-